

WAYS TO ADVOCATE

ADVOCACY means *speaking-up* and *doing something to make a difference* about the things that are important to you. Here are some ways to do it:



Follow the news and stay informed about things that are important to you.



Write letters to the editors of newspapers.
Get published in local newsletters.



Fax your opinions to: your elected officials, news people, agencies and organizations who are involved with the issues you care about.



Use the internet (on a computer) to connect around the world. You can stay informed and send email to people. If you don't have a computer, try to use one at a local library.



Write to your elected officials, news people, agencies and organizations who are involved with the issues you care about. If you can't write, a friend can help you put your words on paper!

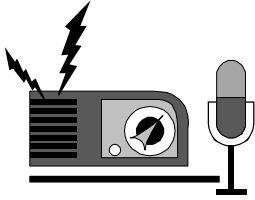


Sign petitions and get others to sign them to make a point about issues you care about. The more people who sign, the more powerful a petition can be! Send them to your elected officials, news people, agencies and organizations.





Share your story!! You can testify at public hearings, write it, video tape it, sing it in a song, use pictures or use an about me box. Let people know WHY you have something important to say about issues that concern you. Your story makes you an authority!



Listen and call in to radio talk shows about the issues that are important to you.



Meet with your elected officials to talk about the issues that are important to you.



Make a “videogram” to send to your elected officials, news people, agencies and organizations.



Gather with others who are concerned about the same issues. There is strength in numbers. Rally and remember that together, we can make a difference!



Attend meetings about the issues.



Work together with family, friends and others who are concerned. Spread the word about the issues that are important to you. Encourage others to advocate, too!

Developed by Advocates in Action

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